

Prenatal Care Program



Why Prenatal Care Is Important

The Prenatal Care Program is designed to help identify health risks during pregnancy. Recognizing these risks early can help improve both mother and newborn results.

Who Is Eligible

To qualify for participation in the Prenatal Care Program, participants must be eligible for medical plan maternity benefits.

Extra Incentive

For those participants who enroll during the first 20 weeks of pregnancy and continue to participate in the program throughout their pregnancy, Nippon Life Benefits will award a \$100 check. Participants not enrolling within the twentieth week of pregnancy are encouraged to enroll in the program, but they will not be eligible for the reward.

How To Enroll

To enroll in the Prenatal Care Program online, visit www.nipponlifebenefits.com, login as a MEMBER and select the Health tab, choose the Prenatal Care Program link and select “Take Prenatal Assessment”. Or call 800-937-6542 (877-210-5518 for ASA members) and when prompted, choose “Other Services”. For Japanese-language services, call 800-447-8208. For Korean-language services, call 877-827-8713.

The Prenatal Program, Step-By-Step

The Prenatal Care Program is staffed by nurses experienced in maternal/child nursing. When a participant calls the Prenatal Care Program to enroll, she will complete a health/obstetric risk assessment with a Licensed Practical Nurse. If the participant is not at high-risk for complications of pregnancy, this same nurse will follow her throughout her pregnancy.

If there is a risk of complications, or complications develop unexpectedly during the pregnancy, the participant will work with a Registered Nurse case manager for the remainder of her pregnancy. The nurse will collaborate with the mother-to-be and her treatment team to promote a healthy delivery.

Women enrolling in Prenatal Care will be mailed an introductory letter and an educational booklet after completion of their risk assessment. Their maternity care provider will also receive a letter explaining the Prenatal Care Program. Participation in the Program is voluntary. There is no obligation to join or, once enrolled, to continue under the Program.